

# Daily Mail .com

Home | U.K. | News | Sports | U.S. Showbiz | Australia | Femail | Health | Science | Money | Video | Travel | Columnists

Latest Headlines U.S. Showbiz U.K. Showbiz Headlines Arts A-Z Star Search Pictures Showbiz Boards Blogs Video TV Listings Login

Safari Power Saver  
Click to Start Flash Plug-in

New Series

## Not Exactly News



Premieres  
**TONIGHT 11:30/10:30c**



## GIRL ABOUT TOWN: Kate Moss enjoys chilly cryotherapy 'saunas' at luxury spa in Turkey

By CHARLOTTE GRIFFITHS FOR THE MAIL ON SUNDAY

PUBLISHED: 18:03 EST, 6 June 2015 | UPDATED: 06:37 EST, 7 June 2015

80 shares

78 View comments

After working for 25 years as a top model, Kate Moss has been undergoing some unique beauty treatments, I can reveal.

Kate, 41, and some of her closest girlfriends spent last week at a luxury spa in Turkey to celebrate Sadie Frost's forthcoming 50th birthday.

At the LifeCo Clinic in Bodrum, Kate and her group had freezing cold cryotherapy saunas – Kate's personal favourite for skin treatment.

They might also have tried the clinic's 'inversion therapy', which involves hanging upside down like a bat for at least five minutes. The rush of blood to the head is supposed to remove toxins.

Scroll down for video



Site Web Enter your search

NEW SERIES

## Not Exactly News



Premieres  
**TONIGHT 11:30/10:30c**



Like Daily Mail Celeb

Follow @DailyMailCeleb

Follow Daily Mail Celeb

+1 Daily Mail Celeb

### FEMAIL TODAY

**EXCLUSIVE:** Ireland Baldwin seen looking bruised and battered after source claims she was jumped and attacked by three men Seen in Malibu



'Work hard, play harder!' Lady Gaga shows off her peachy derriere in a cheeky green bikini as she poses on Bahamas beach



There goes the Bentley!



© Joan Wakeham/REX Shutterstock

+6

**Kendall Jenner goes against sister Kim Kardashian's no tattoo policy as she gets inked with pal Hailey Baldwin**  
White dot on finger



**Back to 116 pounds! Kourtney Kardashian 'dropped 35 pounds in five months by working out and drinking a detox tea'**  
She's a mother of three

**Split! Charlize Theron 'calls off her engagement to Sean Penn after spending time together in Europe'**  
Would have been a third marriage for Sean



**Channing Tatum reveals his man part's nickname, whether fans can touch his abs and about wrestling naked with Danny DeVito in naughty Reddit AMA**



**'It was inappropriate': RHOA star Cynthia Bailey plans talk with husband Peter Thomas after video shows him kissing another woman on cheek**



**They sure are working out! Joe Jonas keeps his eyes fixed on Gigi Hadid after they leave the gym together**  
Many wondering whether they are in a romance



**They've got flexing pecs appeal! New look stills from Magic Mike XXL show Channing Tatum and Joe Manganiello are torsos to be reckoned with**



**Million dollar strut! Taylor Swift shows off her long legs in a maroon mini as she makes a stylish exit out of Los Angeles**  
Always on display



**Cold comfort: Kate Moss has been undergoing some unique beauty treatments at a spa in Turkey**



A little chilly: Kate and her group had freezing cold cryotherapy saunas – Kate's personal favourite for her skin

Camelot actress Tamsin Egerton's relationship with her Hollywood actor boyfriend Josh Hartnett seems to be going from strength to strength, with 26-year-old Tamsin moving into Josh's house in trendy East London.

'Josh is a regular on the underground party circuit with the East London hipsters,' a source tells me. 'And now Tamsin is living with him too, they add a real dollop of Hollywood glamour to the East End.'

The couple first met while filming the movie Singularity in 2012, but didn't start dating until a year later.

**Ali Larter displays cleavage and slender legs in patterned frock as she hits the shops ...five months after giving birth**  
Taking some time out



**Rock on! Bella Thorne jams out in Pink Floyd tank top and grey jeans at Guitar Hero Live booth**  
The 17-year-old will appear in MTV's Scream on June 30



**Vamping it up! Behati Prinsloo displays her leg in semi-sheer dress at Fragrance Foundation Awards in NYC**  
Married to Maroon 5 singer Adam Levine



**Alec Baldwin hosts the Fragrance Awards in New York ...after wife Hilaria gives birth to a boy and daughter**  
Ireland is seen with bruises across her face



**Kylie Jenner steps out as 'boyfriend' Tyga is let off with warning after the pair are pulled over for speeding on the way to North West's birthday party**



**Sofia Richie takes a break from modelling as she enjoys a casual shopping trip with boyfriend Jake Andrews in LA**  
Dressed down



**Kat Graham is effortlessly elegant in navy an white set while adding pops of colour with crimson accents for Vampire Diaries photocall in Monaco**



**No wonder Piper can't resist her! Ruby Rose is pictured completely NUDE in Orange Is The**